

## Camper Packing Guide

Please remember when packing for camp, pack old clothes. The kids will be taking creek hikes, option to play paintball, and other fun activities. Please pack enough clothes and supplies for the entire week. Kids will not be able to use the laundry facility. The following will be taken and kept in the office until parents arrival: cell phones, tablets, laptops, fans, personal sports equipment, swim fins, masks, snorkels, food, candy, knives, axes, all cutting tools, matches, sparklers, caps, cigarettes, and any other valuables. Tobacco use and flammables are not allowed on DYFI property. DYFI is not responsible for any items lost, stolen, or left at camp.

Clothing	Amount	Packed?	Other Items	Amount	Packed?
Shirts	7		Towels	2	
Sweatshirt	2		Toiletries	Week Worth	
Shorts	6		Sunscreen	1	
Pants	2		Bug Spray	1	
Underwear	7		Twin Sheets	1	
Socks	9 Pair		Pillow	1	
Pajamas	3		Pillowcase	1	
Swim Suit	1		Blanket	1	
Laundry Bag	1		Flashlight	1	
Sneakers	2 Pair		Water Bottle	1	
Water Shoes/Sandals	1 Pair		Envelopes/Stamps	(Optional)	

If you have any questions while packing, please contact Jenna White at [dyfienna@gmail.com](mailto:dyfienna@gmail.com) or Emily Butera at [dyfiemily@gmail.com](mailto:dyfiemily@gmail.com).

Note Parent(s)/Guardian(s) will be notified of an illness or injury to their child by the camp medical staff. Documentation will be placed in the camper's folder and take home medical report shared with parents and camper home physicians. All medication (including OTC and essential oils) is stored, maintained, and administrated by the Medical Staff. Campers and staff assessed by medical director for health, injuries, and head lice during check in.

### Day Camp Only:

Please write your child's name on every item brought to camp. (Items may be similar or left behind.)

Clothing: Please send your child in comfortable clothes, as they will be active. Plan for the weather.

Lunch: Please pack a lunch with a carbohydrate count card. Lunches will be refrigerated. Snacks will be provided.

Swim Gear: Please pack a swimsuit, sandals, towel, and sunscreen each day.

Diabetes Supplies: If your child uses a pump, please send extra supplies. (Insulin, testing supplies, and needles/ syringes are provided by DYFI.)

Please leave cell phones and other devices at home.